

## **Max Health Testimonies**

### **Linda from San Francisco**

I have suffered with chronic widespread pain for over 15 years. When I say chronic pain, I mean devastating pain where I could not sit down or stand up without hurting. I couldn't sleep at night, because I was unable to find a position laying down that didn't hurt. I couldn't hug my grandchildren. I couldn't stand to have anyone touch me, including my wonderful husband.

I had no interest in things I used to love to do. The truth is I wasn't really living anymore... The pain, chronic fatigue, the brain fog, feeling misunderstood... It got to the point that my doctors were thinking of medically retiring me because after 15 years of failed attempts, they had nothing left to offer me!!

Two years ago a friend asked if I would be willing to try this breakthrough product she had come across. To be honest, my first thought was "Yeah right! I was beyond skeptical. About 8 weeks after starting Max GXL, I realized the full impact this product was having on my body. One day I had turned a corner in our home too sharply and hit the wall - HARD! My husband Mel had seen me do this and I started laughing. Then I realized that I wasn't hurting like I should be. I was stunned. I started crying and kept telling Mel that it didn't hurt. And he was able to hold me in order to emotionally comfort me for the first time in 15 years!

I can truly say that Max GXL has given me my life back and I am so grateful for my friend who shared it with me and the person who shared it with her and so on. If just one person in that lineage had broken this chain, I wouldn't have this testimony to share with you! I am forever grateful.

### **Dicky from Arkansas**

In 1976, I was given a year to live. I had owned three nightclubs and over the years, I had destroyed my liver and significantly damaged all of my other organs because I liked what I sold... I couldn't live with out it.

Once I was given the death sentence, I got sober. But according to my doctors, it was too late for me. That's when my wife and I decided to look into alternatives. We were into everything you can imagine. We had 3 juicers going all the time and I was taking supplements from all over the world. I would go to detox clinics once a year in the hopes of repairing the damage done to my organs. In fact, we did the math and realized we spent well in excess of \$700,000 over the last 30 years just to keep me going!

Three years ago, even though I was doing everything in my power (including staying off the sauce!), I started to lose ground - FAST. My body was simply shutting down again. I had bought 30 precious years... but I was losing the battle. I was dying!

When a friend of ours introduced us to Max One I ignored him for over a month because I had lived, breathed and studied nutrition and alternative medicine for the last 30 years. I really believed I had uncovered every stone. I almost made a FATAL mistake. I thank God for his tenacity!

Within the first 10 days of taking Max One I noticed what most people report: more energy, better sleep and better focus. But within 4 months my liver was completely detoxed!

We are still pinching ourselves. We feel an overwhelming sense of gratitude and joy every day. My wife and I now share Max full time and the stories we are witnessing humble us every day. We have been blessed to be a blessing!

### **Kaye from Dallas**

9 years ago, doctors found a mass on my brain and I had to undergo brain surgery. The mass was successfully removed, but now I suffered from seizures and severe short AND long-term memory loss. I'm a wife and mother of two daughters, and at the time one of our daughters was only 3 years old!

Imagine not being able to remember what day it is or if you had already eaten breakfast. Lists ruled my life! I had to have a list to remind myself to do EVERYTHING. I had to depend on post it notes to tell me if I had already fed or bathed my baby daughter. Not only that, my entire personality changed. People who have only known me for the last 9 years would describe me as shy and quiet. That's because the independent, outgoing, talkative woman my husband married had disappeared, because I was too *ashamed* of my tendency to constantly repeat myself in a conversation. So I learned a long time ago to be silent and withdrawn.

When Rick and Michelle Teague shared the Max products with my husband and I, they had NO IDEA about my condition. Rick said the Max products would help with improved sleep, increased energy and improved mental focus. Mental Focus??????? That sounded like an answer to prayer! I started taking MAX and by the 5th day I could remember things I had not been able to recall for 9 yrs!!!

Today, I am 100% symptom free and my 3 year old daughter who is now 16, is getting to know the real me, her REAL mother, for the first time. So needless to say, going a single day without taking Max is not an option for me... and Mike and I feel we are under a spiritual mandate to share this with everyone we can.

### **Bill from Nashville**

Having been a competitive athlete since I was 5 and a professional acrobat for 17 years I had acquired over 22 bone and joint injuries. At the age of 30 the pain began and the constant stress took its toll on my temperament and overall health. My body became a weathervane signaling oncoming storms and fronts through increased bursts of pain. This lasted for 25 years!

The cost? I was way too quick tempered with my children. This contributed to 2 of the 3 going into dark lifestyles for over a decade that ripped my family apart with police

interventions, drug habits and a grandchild out of wedlock. My wife and I survived on our faith during that time, but relationally our family was a mess.

In January 2009 I began taking Max GXL and within 10 days every pain in my body disappeared. It has not returned since. And I slept better. My energy levels were consistent all day without any lags or dips. I never intend to be without that product again!

I can't give Max the credit for the way my children bounced back from the brink of darkness – that was God's miraculous work. But there is no doubt that since being on Max my temperament has dramatically changed toward everyone. My increasing peace and patience has brought them all closer to me, and me to them. I enjoy my kids and grandkids in a way I never did before and it shows in our love for each other. God is the source of the big picture for sure, and Max has been a big part of the last 2 ½ years of His work of healing our family. I'm so very grateful! And so is my family.

### **Donna Ling**

Tyson is our precious 5 year old, active little boy and this isn't just his story, it's a family story. Ever since Tyson was about 18 months old we have had to deal with full-blown, frightening anger tantrums. Were talking about 2-3 hours of kicking and screaming, hitting and punching, throwing objects and sometimes breaking everything in site.

Simple things like a slight change of routine or introducing new foods would set him off, but then it got to where we couldn't even FIND the trigger point. And once he started up, we just couldn't bring him back down. We tried everything from strict discipline, to ignoring the incidents to many other things in between... but nothing worked.

It caused so much stress within our home between every family member. We have another little boy as well and I was so afraid that the tantrums and constant anxiety in the house would rub off on him too. I was beyond frustrated. I felt like I was failing Tyson... failing as a mother. And worse than that, I didn't enjoy him the way I wanted to. I know that is horrible to say, but its honest.

We started Tyson on Max GXL for about 1 month and I didn't really notice too much so we stopped giving it to him... and within a week, everything escalated again, the worst we had seen EVER! We got him immediately back on Max and he has been taking it for the last 6-7 weeks and things have never been better. Tyson is a kind, gentle character who is helpful and has lovely manners. He is enjoying trying new foods. Something that he has NEVER done before!

I now look forward to meal times and I now look forward to being able to drop him at school because I know that he will have a good day and enjoy being there. And best of all, I really enjoy him!!!

I cannot imagine ever taking him off Max as this has completely changed our family's life.

### **Lesley Hewitt**

Before I started on Max I had suffered a lifetime of constantly needing to move my legs to feel comfortable. It became unbearable, and very difficult to live with.

It was always difficult to sleep at night, to relax at any time (like trying to sit and read a book) because my legs needed to move. I couldn't even sit peacefully to nurse our babies. I would be compelled to walk to the point of exhaustion. A good night's sleep also eluded me for my whole life, partly because of my restless legs and partly because of "I don't know." So I was exhausted all the time, physically and mentally and as a result, I was worried that my relationship with my husband and children would suffer.

After taking both Max One for nine months there has been huge improvement. It's lovely and it has made a big difference to how I feel every day. I'm sleeping better and now that I'm able to *sit still* and get things done, I'm amazed at the energy I have. To actually spend every day, week after week getting stuff done and feeling strong, is something I am very grateful for. I actually feel younger!

## **Jim**

My name is Jim and I am 47 years old. In the last 15 years, it was pretty obvious that my health was collapsing. Everything was simply getting harder and harder for me. I was feeling tired all the time and I had bone pains everywhere. Also I started experiencing migraine attacks about 3 to 4 times a week.

Months of testing showed problems with my parathyroid glands and damage on my endocrine glands. These problems may have been brought about by my years of exposure to a lot of toxic chemicals; elements such as aluminum, tungsten, uranium and many others. Working as a lab technician for 15 years had exposed my body to these things frequently for long periods of time.

My doctors said they were running out of options after I spent almost \$100,000 just trying to sort out the situation. Then I received an email about Max. I thought that it sounded interesting and convinced myself to give it a try since my doctor has already told me that there was nothing left for him to do. So I ordered Max and amazing things started to happen from that point. I noticed great changes 3 to 4 days after I started taking it. There was a significant reduction in the bone pains, the neck pain I was feeling before also reduced and migraines started to back off as well. In the first few weeks I had my first night of sleep without taking anything, which is really amazing.

For the first time in years, I am able to perform throughout a normal workweek and I am pretty much able to go out on the weekends. It's really quite incredible. With Max my energy level is up, my sleep has continued to improve, my bone pain is gone, my neck issues are gone... what can I say, it has given me my life back.

## **Un-named**

When I was at school one day when I was 14 (that's 33 years ago now) I got very sick with nausea and terrible pain in my head, I thought I was going to die! I went to the doctor who said that it was a migraine and he gave me some painkillers that made no difference. When

I got home, my mum sadly explained that she had suffered from these same migraines since puberty, as had her sister. It seemed that I might just have to “put up with it” too.

The migraines continued every 2 to 4 weeks from then on until recently and sometimes at very inconvenient times like in the middle of a family celebration. I would have to tell my wife, Lesley, that “I have visual disturbances” and we’d need to get me home and get me to bed  
ASAP.

I avoided things that seemed like triggers such as chocolate (Easter wasn’t much fun!) and meditation helped me deal with the pain but I it always felt like I was living “on the edge.”

Then 10 months ago, Helen and Ian Belcher sent Lesley and I some Max One. To be honest, I hadn’t even been thinking about it helping my migraines since Helen talked about her experiences such as more energy, better sleep, and so forth. Or maybe I’d just given up hope on finding a solution.

I didn’t notice much in the first couple of weeks and it was only when we got into the second month that I started noticing that I was still getting visual disturbances, but no pain following. And by about month three, I wasn’t getting either! And since then I’ve only had a couple of odd times when I’ve had minor visual disturbances, but still no pain! It almost feels as if the Max “goes up to bat” when needed to fight and defeat the inflammation.

Now both Lesley and I can relax, knowing that I can always participate in the important things in life and without having to worry about being interrupted by my migraines. Not only that, but I now know that both my 15 year old son (who also had his first migraine at age 14) and 12 year old daughter won’t have to suffer for 32 years like I did.

I wouldn’t be without my Max for a single day!

## **Business Testimonies**

### **Kathy from Knoxville**

I am very passionate about a few things in my life and Max International is high on that list!

The reason is that Max allows me to live my dreams for my greater passion, which is a commitment to my marriage and raising our family of six children and three grandchildren.

Our reality before Max was this: even though, as a physician, my husband, Jack, had been very successful in developing and leading a large, thriving Family Practice clinic, because we had taken on the tremendous financial responsibility of providing for the care and education of a large family, we had a choice...either work longer into what “would have been” our retirement years, or develop a secondary source of income.

In just 9 months, our Max business has allowed us to continue to dream big for our future and the future of our family. I will never forget the day just a few months ago that our oldest son and his wife walked off of an airplane holding in their arms an 18 month old little girl from Ethiopia, our fourth granddaughter! On a pastor’s salary, they had a big

dream in their heart... to travel to Ethiopia and adopt this precious little girl into their family! Because of the significant income we are earning from Max we had the joy of writing them a sizeable check so that their dreams and ours could come true!

### **Gordon from Knoxville**

For over 40 years my wife Marylyn and I have been in full time ministry, directing a non-profit mission agency. And for all of these years we have derived our income from outside contributions. Over the last 4 years, due primarily to the economy, we have watched those donations drop month after month and we were getting very close to not being able to make the monthly bills. On top of that, given the small salary we had received, there was not much set aside for retirement either...

A nagging fear began to creep in. I grew up in a poor family, and the thought of ending up just like my parents did was becoming overwhelming. The possibility of being a financial burden to my children was humiliating, but let's face it, when you are pushing 70 there are not a lot of options!

Friends of ours that we trust and respect asked my wife and I to take a serious look at Max. My wife Marylyn (who is a nurse) was immediately impressed with the products and I connected deeply to what this company stands for. So I invested in a Business Builder pack and began to invite people to experience the Max story, our products AND our business plan.

**Within 2 short years** we have closed the gap between our donor income and our budget needs AND we will soon REPLACE that source of income and become totally self-funded *for the first time*. The fear is gone, my confidence is restored, and what I thought was simply a great financial opportunity has also become a true marketplace ministry.

### **Steve Plog**

When I was invited to take a look at Max, I was broke financially, and in a pretty desperate place. My wife (now ex-wife) had actually kidnapped my 3 yr old daughter who I love with all my heart. After 4 months I finally found my wife hiding my daughter at an ex-boyfriend's house. I filed for divorce, but I was still only allowed to see my little girl every other week. This was the worst pain I had ever felt in my life; I was in a perpetual nightmare, but I was stuck! I didn't have the money to hire an attorney to put up a defense.

In the middle of all of this George and Tina Reninger brought me the Max opportunity and invited me to fly out to Salt Lake City to meet the owners and management. To be honest, I only went because I was lonely and couldn't take looking at my daughters empty bed for the next week.

When I heard the Max story I realized this company was a lot smarter than the others I had seen. I thought to myself, I CAN DO THIS! So I started inviting people to take a look at Max and I made more money in my first month with Max than I had ever earned in a month with my previous company that I was with for 16 yrs. I earned enough to retain legal counsel, and prove that I had created a stable income, and best of all, the judge gave me custody of my daughter.

The bottom line is “YES,” real people can make a real income here. But Max gave me more than a paycheck. Max gave me back my little girl.

### **Bill from Nashville**

I had made over a million dollars in my last business. For over a decade we had a wonderful income that allowed us to travel the world with our ministry and even open an office in Africa. Then unforeseen circumstances out of my control dropped our income by 80% and our savings were lost. I tried many ways to increase our business and income but nothing worked. For 4 years we were in desperate times.

My wife and I love to give – it’s been our life for over 30 years. We fully support our ministry office and staff in Africa. When our income dropped we couldn’t do much any longer. We could only send minimal amounts to support our partners in Africa who depended on us. We couldn’t help our children with their car repairs or other needs. It took a toll on my relationship with my wife as we felt the tension of having little money. I rarely had enough to take her out on a date. The real heartache was that we are both very smart, educated and talented people but nothing was working for us.

When my friend George introduced me to Max in January 2007 I saw a chance to turn things around. I understood the power of the product, the compensation and the leadership, and I was simply amazed. I joined Max and gave myself 2 years to get back to a six figure annual income and 5 years to reach a 7 figure annual income.

I made the first goal. Now we’re giving again and even more than we ever have. We’re helping our kids and our grandkids with their dreams. Our self-esteem and confidence has gone way back up. We’re sending more and more money and supplies to our African partners. And we’ve helped thousands of other people improve their health and create incomes of their own. For us that’s a blessing from God. We’re heading for our next goal because our vision, our purpose of giving and helping others around the world, is too big to go for anything less.

### **Jeanne from Michigan**

I’ve been an entrepreneur all my life and I’ve been involved in Network Marketing for over 20 years. And in the last company I was with I earned over a million dollars in a very short period of time and had built a team of 10,000 associates and customers. When I heard the Max story, I was conflicted to say the least.

I would have to walk away from everything I had built and be willing to zero out my paycheck because I was under a non-compete clause where I could not recruit from that database into another company. I would literally have to start over from scratch.

Given that I had managed to build a strong six figure annual income (that’s residual income, also known as “mailbox money”) that came in month after month whether I worked or not, it is an understatement to say that this was the most calculated business decision I had ever made in my life!

And YES , it was the BEST business decision I have ever made. I started over from scratch in November 2008 – with a very limited contact list. A few people took this seriously and that has exploded into thousands and thousands of people sharing these products and business across the globe.

We were able to replace the monthly paycheck that it took us 5 years to build in our previous company in less than 6 months with Max. The caliber of people who are joining our team blow my mind! It is unprecedented in the industry! And I certainly wasn't prepared for the emotional life changing testimonies that would roll across my desk day after day. Stick around, kick the tires, you'll be glad you did!

### **John from Dallas**

My background is in medical sales management. Before I came on board with Max full time, I had a fast paced, high paying executive level career in medical sales management. It wasn't uncommon for me to work 60-70 hour work weeks with cross country travel... it was just part of the package in my position because I was responsible for about 25% of the revenue for a publicly traded NASDAQ-traded company.

While my family was able to live the "American Dream," (new home in a beautiful neighborhood, new cars, children in private school, a full time nanny, and my wife was able to retire from her career to raise our children and pursue her passions), the fact is that this still came at a high price to us. I spent a lot of time away from home and the pressure to perform was unrelenting. There were many nights that as I laid my head on the pillow, I would ask myself "how much longer can I continue do this?" To be quite candid, the American Dream was killing me!

As the economy started to slide and our company struggled, the pressure only mounted. Well, the best thing that could have ever happened to me came in April of 2009. I got a call one day from the VP of Sales for our company informing me that my position had been eliminated and I had been laid off. While I never thought this could have happened in a million years, I was forced to quickly grasp the reality that the boardroom in corporate America doesn't see people as persons, but as a financial equation. How much revenue can you bring in relative to how much they have to pay you? And I determined that day, if possible, to never again put myself or our family in a position to let a group of anonymous investors determine our financial fate.

Ever since that day my wife and I have spent our time building our Max business. It has afforded me time at home with our children, month long vacations, and the independence to create a business that fits our lifestyle. And the opportunity to build a residual income for the long term means that we are liberated from the treadmill of me simply trading dollars for hours (as is the case with any job) and to one day retire on an income that earns itself over and over, month after month after month.

### **Renee from Tennessee:**

I have homeschooled my two children for the last six years. Now you need to understand - I love to homeschool. I am very passionate about it - in fact I teach home methods to other families. My husband carries the traditional 40 hour a week job and being a one income

family in a two income society means we have literally been hand to mouth for all 15 years of our marriage. In fact - I can honestly say that in 15 years - I have rarely carried a twenty dollar bill in my wallet...

I love to go to home school conferences but almost never have the opportunity to attend one because after the flight and hotel expense there isn't any money left to purchase what I want at the conference. But because of Max - I recently participated in a week long conference out of state and I was able to pay for my attendance fee, travel, food and even pay extra to have a room all to myself. What a luxury that quiet single room was, when you are used to being with your two busy children 24/7! I was not only able to pay for this amazing conference but I was able to purchase a very pricey curriculum that I have been drooling over for quite some time!

Our Max income means ***breathing room*** in our monthly budget, which is exhilarating and we are so excited about the extra-curricular trips and events that our family is able to experience thanks to our Max Money! Even with the very limited time I have to work Max - our business is exploding. And at the speed our business is growing - we have plans to s too big to go for anything less.